

## For Participants:

### Message from Project Viva Leadership to Participants

We know that safety is at the forefront of everyone's minds and we have been taking extra precautions to maintain health of our participants and staff. We have been hard at work preparing our office and staff to provide the safest environment possible when you come for your in-person visit. Below are some of the enhanced screening, social distancing, cleaning, and disinfecting procedures we are using each day. If you have any questions, please call us at (888-888-4742, ext. 44251) or email [project\\_viva@hphc.org](mailto:project_viva@hphc.org).

### What you can expect during a study visit in the era of COVID-19

You are encouraged to come to the study visit alone. We have a strict no-guest policy. Only Project Viva participants (mothers and children) will be allowed in our office.

#### 1-2 Days Before Your Study Visit

- A Project Viva staff member will contact you by telephone to screen you for symptoms of COVID-19 (cough or shortness of breath, sore throat, fever, muscle aches, headache, new loss of taste or smell, repeated or shaking chills). The screener questions we ask will follow the [American Medical Association's reopening practices guidelines](#).
  - If you have symptoms, you should contact your healthcare provider. The study visit will be postponed until you are symptom free for 14 days. If you need to reschedule your visit with us, please call us at (888-888-4742, ext. 44251) or email [project\\_viva@hphc.org](mailto:project_viva@hphc.org) at any time.
- If you have a thermometer, please check your temperature.
  - If you or your teen have a temperature of greater than 100.4°F or if you are feeling feverish, contact the study staff to reschedule your study visit.

#### The Day of your Study Visit

- Please check for symptoms of COVID-19 and temperature again at home before leaving for the visit (see above).
- Please wear masks to your study visit. If you do not have a mask, we will provide you one when you arrive at our office at 401Park.

#### When you Arrive for your Study Visit

- If you are driving, please call us at 888-888-4742 x44251 when you arrive at 401 Park and have parked. For your safety, please stay in your car until you have spoken with a Research Assistant, who will give you directions about where to come.
- If you are arriving on foot, please call us at 888-888-4742 x44251 when you arrive at 401 Park. Please wait outside of the building and a Research Assistant will come meet you and bring you to our office.
- During the study visit, the study staff must adhere to physical distancing guidelines. We will maintain six feet distance during the visit, except when contact is necessary to complete the study components for your visit. If a study staff member must be within six feet of you during

the visit, they will be using appropriate personal protective equipment (PPE), including a face mask, gloves, and face shield.

- Research Assistants will work one-on-one with participants for the majority of the visit, and there will never be more than one Research Assistant in the visit room at the same time. The only exception will be if an additional person, such as a phlebotomist, joins for blood collection.
- All areas where study subject visits will take place has hospital-approved hand sanitizer available for you and the study personnel to use.
- We are following the current clinical guidelines for cleaning rooms and equipment, before, during, and after each visit.