Palliative Care for Hospitalists and Intensivists

Thursday – Saturday | March 12–14, 2015

Course Directors

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Director of Educational Programs, Palliative Care Division and Subspecialty Educational Coordinator for Palliative Care, Department of Medicine, Massachusetts General Hospital
Assistant Professor of Medicine, Harvard Medical School

Susan D. Block, MD
Chair, Department of Psychosocial Oncology and Palliative Care, Dana-Farber Cancer Institute and Brigham and Women’s Hospital
Director, Serious Illness Care Program, Ariadne Labs
Co-Director, Harvard Medical School Center for Palliative Care
Professor of Psychiatry and Medicine, Harvard Medical School

Kristen G. Schaefer, MD
Director of Medical Education, Division of Adult Palliative Care, Department of Psychosocial Oncology and Palliative Care, Dana-Farber Cancer Institute and Brigham and Women’s Hospital
Director, Supportive Cardiology Initiative, Brigham and Women's Hospital
Instructor in Medicine, Harvard Medical School

J. Andrew Billings, MD
Consultant, Cambridge Health Alliance
Former Director, Palliative Care Service, Massachusetts General Hospital
Co-Investigator, Serious Illness Care Program, Ariadne Labs
Co-Director, Harvard Medical School Center for Palliative Care
Associate Professor of Medicine, Harvard Medical School

Guest Faculty

Tejal Gandhi, MD, MPH, CPPS
President, National Patient Safety Foundation
Associate Professor of Medicine, Harvard Medical School

Judith Nelson, MD, JD
Associate Director, Medical Intensive Care Unit and Respiratory Care Unit, Mount Sinai Medical Center, New York
Project Director, Center to Advance Palliative Care, IPAL-ICU Project
Professor of Medicine, Mount Sinai School of Medicine

Douglas White, MD, MAS
UPMC Endowed Chair for Ethics in Critical Care Medicine; Director, Program on Ethics and Decision Making in Critical Illness, Department of Critical Care Medicine, University of Pittsburgh, School of Medicine
Core Faculty Member, Center for Bioethics and Health Law
Associate Professor, University of Pittsburgh, School of Medicine
Course Description

This intensive two-and-one-half-day course fills a significant gap for hospital-based specialists who seek training in palliative care, and provides these clinicians with the information and skills needed to offer high quality palliative care to inpatients with life-threatening illnesses. Hospitalists and intensivists will acquire a toolbox of key competencies required to deal with challenging end-of-life situations in the hospital. This course will utilize interactive learning formats, such as intensive communication exercises, case-based discussions, Q&A, and role modeling.

Learning Objectives

Upon completion of this activity, participants will be able to:

- Assess and manage the physical, psychological, social, and spiritual/existential causes of distress for hospitalized patients with life-threatening or serious illnesses and for their families.
- Incorporate effective pain management and proper use of opioids into clinical practice.
- Develop practical strategies for: breaking bad news; discussing DNR, patient goals of care, and advance care planning; conducting family meetings; assessing depression; and exploring and addressing hopes and fears about the end of life.
- Integrate into clinical practices a palliative approach to: multiple common symptoms in advanced illness; diverse diseases (e.g., heart failure, renal disease, dementia), challenging scenarios (e.g., treating severe delirium, negotiating conflict in the family meeting, discussing hospice, and managing “difficult” patients and families), and key issues of safety and quality assurance in the hospital.

Who Should Attend?

Hospitalists and intensivists (MD, DO, NP, PA) and subspecialty clinicians or generalists with substantial inpatient practices (e.g., cardiologists, surgeons) who are interested in improving their palliative care skills.

ACGME Competencies

This course is designed to meet the following Accreditation Council of Graduate Medical Education competencies: patient care, medical knowledge, practice-based learning and improvement, interpersonal and communication skills, professionalism, systems-based practice.

Accreditation

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 18.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Risk Management Credits in Massachusetts

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 23.75 credits of Risk Management Study. This includes 5.00 Credits of Opioid Education and Pain Management Training (sessions marked with an asterisk) and 18.75 Credits of End-of-Life Care Studies (all sessions).

Please check your individual state licensing board requirements before claiming these credits.
Course Location and Travel

A limited number of rooms have been reserved until February 18, 2015 at:

The Colonnade Hotel
120 Huntington Avenue
Boston, MA 02116
800-962-3030 (+1-617-424-7000, outside US and Canada)
http://www.colonnadehotel.com/

Please specify that you are enrolled in this course to receive a reduced room rate of $279 single/double. Reservations should be made directly with the hotel only after acceptance to the course has been confirmed.

Please do not purchase non-refundable airline ticket(s) until you have received an email from our office confirming your paid registration.

For airline reservations contact the HMS Travel Desk toll free 1-877-4-HARVMD (1-877-442-7863) Monday–Friday 9:00 AM–8:00 PM (ET). From outside the U.S., Canada, and Virgin Islands, please call +1-617-559-3764.

Tuition

Physicians ................................................................. $850 (USD)
All others ................................................................. $700 (USD)

Registration

To register by credit card (VISA, MasterCard, or American Express), go to http://www.cme.hms.harvard.edu/courses/PCFHI

Telephone or fax registration is not accepted. Registration with cash payment is not permitted. To register by check (draft on a United States bank), make check payable to “Harvard Medical School” and mail with registration form to:

Harvard Medical School-Department of Continuing Education
PO Box 417476
Boston, MA 02241-7476

Upon receipt of your paid registration you will be sent an email confirmation from the HMS-DCE office. Be sure to include an email address that you check frequently. Your email address is used for critical information including registration confirmation, evaluation distribution, and CME certificate delivery.

Refund Policy

Refunds, less an administrative fee of $200, will be issued for all cancellations received two weeks prior to the start of the course. Refund requests must be received by postal mail, email, or fax. No refund will be issued should cancellation occur less than two weeks prior. “No shows” are subject to the full course fee and no refunds will be issued once the conference has started.

Questions

Inquiries should be directed to:

Phone: (617) 384-8600, Monday-Friday, 9:00 AM–5:00 PM (ET)
Email: hms-cme@hms.harvard.edu
Faculty

Disclosure Policy

Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS’s policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers, and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

Janet L. Abrahm, MD
Dana-Farber Cancer Institute and Brigham and Women's Hospital

Corinne Alexander, MD
Massachusetts General Hospital

Tracy Balboni, MD, MPH
Dana-Farber Cancer Institute and Brigham and Women's Hospital

Rachelle E. Bernacki, MD, MS
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Cambridge Health Alliance and Ariadne Labs

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Dana-Farber Cancer Institute, Brigham and Women's Hospital and Ariadne Labs

Mary K. Buss, MD, MPH
Beth Israel Deaconess Medical Center

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Mihir M. Kamdar, MD
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Cindy Lien, MD
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Hospice of the North Shore/Greater Boston

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Amy Ship, MD
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Dana-Farber Cancer Institute and Brigham and Women's Hospital

Douglas White, MD, MAS
University of Pittsburgh, School of Medicine

David Yuppa, MD
Dana-Farber Cancer Institute and Brigham and Women's Hospital
Thursday, March 12, 2015

7:15 – 8:00 Registration
8:00 – 8:10 Announcements
8:10 – 9:25 Plenary 1: Dealing with Intense Distress in the Setting of Serious Illness
   Eva Chittenden, MD
   Kristen Schaefer, MD
9:25 – 9:30 Travel Time
9:30 – 10:45 Session 1 (See registration form to choose specific breakout session)
10:45 – 11:00 Break
11:00 – 12:15 Session 2 (See registration form to choose specific breakout session)
12:15 – 1:15 Lunch
1:15 – 2:30 Plenary 2: Communication Issues in Serious Advanced Illness
   Rachelle Bernacki, MD
2:30 – 2:35 Travel Time
2:35 – 3:50 Structured Communication Exercise 1
   Over the course of four sessions on Thursday and Friday afternoons, all participants will cycle through these Structured Communication Exercises:
   - The Angry Patient
   - Serious Illness Care Program: How to Discuss Values and Goals
   - Hospice Discussions
   - Negotiating Conflict in the Family Meeting
3:50 – 4:15 Break
4:15 – 5:30 Structured Communication Exercise 2

Friday, March 13, 2015

8:00 – 8:10 Announcements
8:10 – 9:25 Plenary 3: Talking with Surrogates about Values, Prognosis, and Treatment Options
   Douglas White, MD
9:25 – 9:30 Travel Time
9:30 – 10:45 Session 3 (See registration form to choose specific breakout session)
10:45 – 11:00 Break
11:00 – 12:15 Session 4 (See registration form to choose specific breakout session)
12:15 – 1:15 Lunch
1:15 – 2:30 Plenary 4: Quality and Patient Safety in End-of-Life Care
   Tejal Gandhi, MD
2:30 – 2:35 Travel Time
2:35 – 3:50 Structured Communication Exercise 3
3:50 – 4:15 Break
4:15 – 5:30 Structured Communication Exercise 4

Saturday, March 14, 2015

8:00 – 8:10 Announcements
8:10 – 9:25 Plenary 5: Collaborating with Surgeons in Caring for Seriously Ill Patients
   Zara Cooper, MD
9:25 – 9:30 Travel Time
9:30 – 10:45 Session 5 (See registration form to choose specific breakout session)
10:45 – 11:00 Break
11:00 – 12:15 Concluding Plenary: Chronic Critical Illness: Strategies for Improving Care
   Judith Nelson, MD, JD
All breakouts are limited to 30 registrants and are assigned on a first-come, first-served basis. We will try to give you your top choices.

Please note that program changes/substitutions may be made without notice.

* Qualifies in Massachusetts for Risk Management in Opioid and Pain Management.
* All sessions qualify in Massachusetts for Risk Management in End-of-Life Care.

Please check your individual state licensing board requirements before claiming these credits.

Registration Information
All fields required. Please print clearly.

Full Name
First Middle Initial Last

Institution/Department
Institution Department

Mailing Address
Street City State Zip Code

Email Address
☐ Please check if you wish to be excluded from receiving email notices of future HMS-DCE programs.

Please note: Your email address is used for critical communication about the course including: registration confirmation, evaluation distribution, and certificate delivery. Please be sure to include an email address you check daily or frequently.

Daytime Phone ( ) Fax Number ( )

Title Degree

Primary Specialty (Physicians Only) Board Certified: ☐ Yes ☐ No

Professional School Attended (Physicians Only)
☐ Harvard Medical School ☐ U.S. Medical School ☐ International Year of Graduation _______

Please complete this page and choose your breakout sessions on the next page. You must return both pages in order to complete the registration. Or you can register online at http://www.cme.hms.harvard.edu/courses/PCFHI

Attendance is limited to 120 participants. Register early!
**Breakout Registration**

Please rank your preferences 1–5 for each of the breakout sessions.

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<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Session Description</th>
<th>Speakers</th>
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<tr>
<td><strong>Thursday, March 12, 2015</strong></td>
<td>9:30 AM – 10:45 AM</td>
<td>Management of Challenging Pain in the Hospitalized Patient* (Repeats at 2A)</td>
<td>Janet Abrahm, MD</td>
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<td>Delirium Assessment and Management: Challenges in the Hospital Setting</td>
<td>Mihir Kamdar, MD</td>
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<td>Understanding Hospice: Keys to Successful Referral</td>
<td>Stephanie Patel, MD</td>
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<td>Prognostication in the Critically Ill</td>
<td>Walter O’Donnell, MD</td>
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<td>Update on Managing End-stage Congestive Heart Failure</td>
<td>Akshay Desai, MD, MPH</td>
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<td>11:00 AM – 12:15 PM</td>
<td>Management of Challenging Pain in the Hospitalized Patient* (Repeats at 1A)</td>
<td>Janet Abrahm, MD</td>
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<td>Never Events in Palliative Care</td>
<td>Mihir Kamdar, MD</td>
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<td>Ethical Challenges in End-of-Life Care</td>
<td>Nicholas Sadovnikoff, MD</td>
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<td>Pain and Symptom Management in the ICU*</td>
<td>Judith Nelson, MD, JD</td>
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<td>Imminent Death: Signs, Symptoms, Clinical Management, and Addressing the Family’s Acute Grief</td>
<td>Vicki Jackson, MD, MPH</td>
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<td><strong>Friday, March 13, 2015</strong></td>
<td>9:30 AM – 10:45 AM</td>
<td>Management of Non-Pain Symptoms: Nausea, Vomiting, Dyspnea, and More (Repeats at 4A)</td>
<td>Janet Abrahm, MD</td>
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<td>End-stage Dementia: Decision Making and Hospital Management</td>
<td>Cindy Lien, MD</td>
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<td>Organizing Performance Improvement in the ICU</td>
<td>Helen Chen, MD</td>
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<td>Spirituality in Palliative Care: What the Clinician Needs to Know</td>
<td>Judith Nelson, MD, JD</td>
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<td>Rehospitalization and the Role of Palliative Care</td>
<td>Terrence O’Malley, MD</td>
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<td>Management of Non-Pain Symptoms: Nausea, Vomiting, Dyspnea, and More (Repeats at 3A)</td>
<td>Janet Abrahm, MD</td>
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<td>Discharge Planning and Effective Transitions in End-of-Life Care: Rehab, Home Care, and Hospice</td>
<td>Cindy Lien, MD</td>
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<td>Decision Making about Dialysis in the Hospitalized Patient</td>
<td>Terrence O’Malley, MD</td>
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<td>Responding to Requests for Futile Treatments</td>
<td>Ernest Mandel, MD</td>
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<td>Assessing Decision-making Capacity</td>
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<td>Marshall Forstein, MD</td>
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<td><strong>Saturday, March 14, 2015</strong></td>
<td>9:30 AM – 10:45 AM</td>
<td>Cultural and Spiritual Factors Affecting Care of Patients with Serious, Life-Threatening Illness</td>
<td>Marshall Forstein, MD</td>
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<td>Decoding Code Status Discussions</td>
<td>Eva Chittenden, MD</td>
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<td>Dealing with the “Difficult” Patient: Psychosocial Diagnosis and Management</td>
<td>Guy Maytal, MD</td>
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<td>Psychiatric Issues in Patients with Advanced Disease</td>
<td>David Yuppa, MD</td>
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<td>Reflecting on End of Life through Poetry</td>
<td>Amy Ship, MD</td>
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