

# The Program in Palliative Care Education and Practice

April 17-24 and November 7-13, 2012



*This photograph is from a collection of images that depict our evolving culture of death in America, how we emotionally, spiritually, and practically experience mourning, grief, and loss. Our social and cultural environments impact and shape our responses to death and form the basis of traditional rituals as shown in this picture of three women having a picnic in a cemetery in memory of their loved one.*

Photo by: Bastienne Schmidt and Philippe Cheng

## **PROGRAM DIRECTORS:**

**J. Andrew Billings, MD**  
Massachusetts General Hospital

**Susan D. Block, MD**  
Dana-Farber Cancer Institute  
Brigham and Women's Hospital

## **PEDIATRIC TRACK DIRECTORS:**

**Joanne Wolfe, MD, MPH**  
Dana-Farber Cancer Institute  
Children's Hospital Boston

**Tamara Vesel, MD**  
Dana-Farber Cancer Institute  
Children's Hospital Boston

**Royal Sonesta Hotel Boston**  
**40 Edwin Land Boulevard**  
**Cambridge, MA 02142**



Provided by the Harvard Medical School Department of Continuing Education  
Offered by the Harvard Medical School Center for Palliative Care

Dana-Farber Cancer Institute, Department of Psychosocial Oncology and Palliative Care

# Medicine and Nursing Need Leaders in Palliative Care Education

Only 60% of hospitals have palliative care programs in the United States. Palliative care has a workforce shortage of approximately 5,000–11,000 physicians to meet existing palliative care needs; this deficit is likely to increase. The literature shows major gaps in physician competence and confidence in providing palliative care - in pain management, psychosocial assessment and management, communication, awareness of community resources, etc. The Harvard Medical School Program in Palliative Care Education and Practice (PCEP) offers intensive learning experiences for physician and nurse educators who wish to become expert in the clinical practice and teaching of comprehensive, interdisciplinary palliative care, as well as gain expertise in leading and managing improvements in palliative care education and practice at their own institutions. Our goal is to contribute to the training of leaders and educators who can train the next generation of clinicians, and lead new programs to improve access to palliative care services.

## Program Components

### Now includes a special pediatric track

The course is delivered in two sections: Part I consists of 7 days of intensive learning, followed by a 6-month interim during which participants work on an individual project and contribute to weekly e-mail discussions of problematic, clinical, educational, and program development cases presented by other participants; and, Part II is a 7-day block that includes continued experiential learning and training focused on communication, teaching methods, teamwork and leadership.

This course is designed to meet the following competencies: patient care; medical knowledge; practice-based learning and improvement; interpersonal and communication skills; professionalism; and system-based practice.

The pediatric track will highlight the unique aspects of pediatric palliative care.

## Program Learning Objectives

### At the end of this course, participants will be able to:

- teach the fundamentals of palliative care (evaluation of physical causes of distress, psychosocial and spiritual assessment, ethical and cultural issues, palliative care in geriatric and pediatric populations, depression, and bereavement);
- teach about communication at the end of life (understanding the experience of life-threatening illness, breaking bad news, communicating across cultural barriers, family meetings, and providing feedback to learners);
- manage challenges in palliative care education (principles of adult learning, understanding, learning styles, and new teaching methodologies); and
- develop and promote clinical and educational programs in palliative care (assessing institutional structure and culture, evaluating readiness to change, dealing with resistance, developing and financing palliative care programs, and fund-raising strategies).

## Individual Projects and Faculty Mentoring

Teaching is learner-centered and takes place in a variety of interactive formats including: small groups, large group discussions, demonstration interviews, and panel discussions. Participants have the opportunity to develop action plans for change at their institutions and to practice and receive feedback about their teaching and change strategies. Many opportunities for informal interchange will be available, including a 6-month structured e-mail exchange for distance learning and consultation on difficult problems in palliative care education and practice.

The course faculty includes physicians, nurses, social workers, and educators from within the Harvard teaching hospitals, as well as outside experts.

## Who Should Participate?

The Program in Palliative Care Education and Practice is designed for physician and nurse educators who wish to enhance their skills in clinical practice, teaching, and program development in palliative care and who have, or wish to develop, a leadership role at their institution.



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“The **PCEP class was absolutely critical** to my being able to finally start a palliative care program at my hospital. I had been trying for five years to receive funding for an inpatient PC consult service, without success. PCEP not only gave me great credibility (due to the ‘Harvard’ connection), it also prepared me to be a better clinician and educator. I highly recommend the program to anyone interested in furthering the field of Palliative Medicine.”

*Shoshana Helman, MD, Medical Director, Palliative Care Santa Clara Valley Medical Center, San Jose, CA; Class of 2005*

“The PCEP course was a transformative event for me. It helped me find new capabilities within myself that both **affirmed and deepened my commitment** to pediatric palliative care. It has also helped me develop a network of colleagues, an invaluable asset in building my own pediatric palliative care program and caring for patients.”

*Lawrence J. Fenton, MD, Chief of the Section of Pediatric Palliative Care at Stanford's Children's Hospital, Professor Emeritus, Department of Pediatrics, Sanford School of Medicine of The University of South Dakota; Class of 2007*

“Thank you for a **truly transformative experience** that I (and, clearly, many others) had through PCEP. Those were certainly the best two weeks of education (in the broadest sense of the word) I've ever had, which is saying a lot given how many years I went to school.”

*Robert Macauley, MD, MDiv, STM, Medical Director, Clinical Ethics, Palliative Care Physician, Fletcher Allen Health Care, Clinical Associate Professor, University of Vermont College of Medicine; Class of 2006*

“I lack the words to describe the amazing experience I had at PCEP. This course provided me with the **best learning experience that I've ever had**. I repeatedly tell my colleagues about what I've learned, show them the materials I gathered, and I have started to use some of the teaching techniques I learned during the course. As a palliative care specialist and nurse trainer, I feel that I have reached the next level in my professional development where I can serve as a role model for my nursing team.”

*Nicoleta Mitrea, Director of Nursing, Nursing Education Coordinator for the Palliative Care Nursing Education in Romania and in the Region Hospice Casa Sperantei, Brasov, Romania; Class of 2010*

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# Course Faculty

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## Core Faculty

### Janet L. Abraham, MD

Chief, Division of Adult Palliative Care  
Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute and  
Brigham and Women's Hospital  
Associate Professor of Medicine  
Harvard Medical School

### Rachelle Bernacki, MD

Director of Quality Initiatives and Attending Physician  
Division of Adult Palliative Care  
Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute and  
Brigham and Women's Hospital  
Attending Physician, Division of Aging  
Brigham and Women's Hospital  
Instructor in Medicine  
Harvard Medical School

### J. Andrew Billings, MD

Associate Professor of Medicine  
Harvard Medical School  
Co-Director, Harvard Medical School Center for Palliative Care

### Susan D. Block, MD

Chair, Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute and  
Brigham and Women's Hospital  
Co-Director, Harvard Medical School Center for Palliative Care  
Professor of Psychiatry and Medicine  
Harvard Medical School

### Constance Dahlin, ARNP, BC, ACHPN, FPCN, FAAN

Clinical Director, Palliative Care Service  
Massachusetts General Hospital

### Marshall Forstein, MD

Director of Training, Division of Adult Psychiatry  
Cambridge Health Alliance  
Associate Professor of Psychiatry  
Harvard Medical School

### Richard D. Goldstein, MD

Attending Physician, Division of Pediatric Palliative Care,  
Department of Psychosocial Oncology and Palliative Care,  
Dana-Farber Cancer Institute and Children's Hospital Boston  
Clinical Instructor in Pediatrics, Harvard Medical School

### Annekathryn Goodman, MD

Director, Gynecology Oncology Fellowship Program,  
Massachusetts General Hospital  
Associate Professor of Obstetrics, Gynecology and Reproductive  
Biology, Harvard Medical School

### Todd Hultman, PhD, APRN-BC, ACHP

Advanced Practice Nurse, Palliative Care Service  
Massachusetts General Hospital

### Vicki A. Jackson, MD, MPH

Director, Palliative Care Service  
Massachusetts General Hospital  
Assistant Professor of Medicine  
Harvard Medical School

### Jennifer Mack, MD, MPH

Co-Director, Pediatric Hematology/Oncology Fellowship  
Program, Dana-Farber Cancer Institute  
Attending Physician  
Children's Hospital Boston  
Assistant Professor of Pediatrics  
Harvard Medical School

### Karen O'Brien, MD

Clinical Director, Women's Health Associates,  
Massachusetts General Hospital  
Instructor in Medicine, Harvard Medical School

### Todd Rinehart, MSW, LICSW

Palliative Care Service  
Massachusetts General Hospital

### Tamara Vesel, MD

Fellowship Director and Attending Physician  
Division of Pediatric Palliative Care  
Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute and Children's Hospital Boston  
Instructor in Pediatrics  
Harvard Medical School

### Joanne Wolfe, MD, MPH

Chief, Division of Pediatric Palliative Care  
Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute and Children's Hospital Boston  
Associate Professor of Pediatrics  
Harvard Medical School

## External Expert Faculty

### Eduardo Bruera, MD

F.T. McGraw Chair in the Treatment of Cancer &  
Medical Director, Supportive Care Center, Department of Palliative  
Care and Rehabilitation Medicine,  
M.D. Anderson Cancer Center, Houston, Texas

### Eric Cassell, MD, MACP

Emeritus Professor of Public Health  
Weill Medical College, Cornell University  
Adjunct Professor of Medicine, McGill University

### Chris Feudtner, MD, PhD, MPH

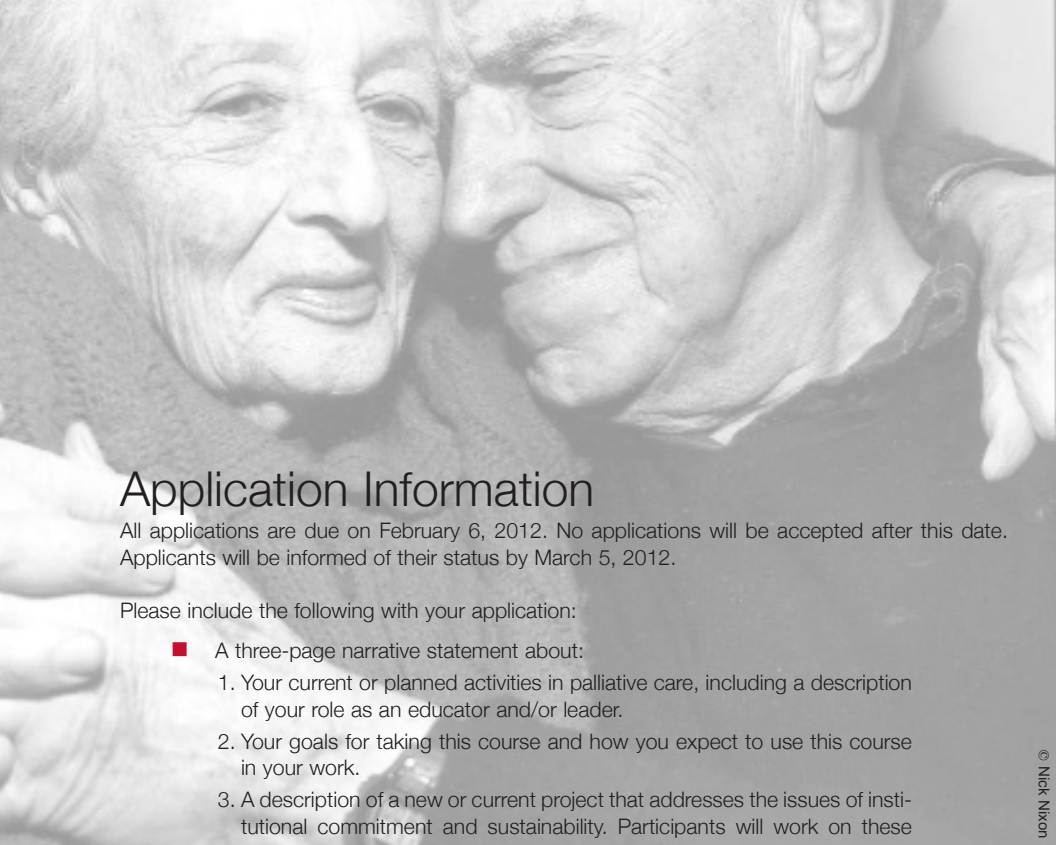
Director, Pediatric Palliative Care Research  
Children's Hospital of Philadelphia  
Assistant Professor of Pediatrics, School of Medicine  
University of Pennsylvania

### Stefan J. Friedrichsdorf, MD

Medical Director, Pain Medicine and Palliative Care,  
Children's Hospital and Clinics of Minnesota, Minneapolis

### David E. Weissman, MD, FACP

Professor Emeritus, Medical College of Wisconsin  
Consultant, Center to Advance Palliative Care



## Application Information

All applications are due on February 6, 2012. No applications will be accepted after this date. Applicants will be informed of their status by March 5, 2012.

Please include the following with your application:

- A three-page narrative statement about:
  1. Your current or planned activities in palliative care, including a description of your role as an educator and/or leader.
  2. Your goals for taking this course and how you expect to use this course in your work.
  3. A description of a new or current project that addresses the issues of institutional commitment and sustainability. Participants will work on these projects during the course.
- A letter from your Dean, Department Chair, or similar institutional leader indicating a commitment to you and your career goals; institutional support for your project and release time (minimum 5%) for work on this project; and, support for your availability to participate fully in the course.
- Curriculum vitae that describes your professional responsibilities for the last five years.
- All scholarship applicants must include an additional statement with a rationale (less than one-half page) for consideration of scholarship funding.

## Scholarship Opportunities

PCEP offers a small number of partial competitive scholarships for this program. PCEP scholarship recipients will be selected for their leadership abilities, commitment to participating in building the field of palliative care, service to underserved populations including pediatrics, and potential impact of their project. The goal of the scholarship program is to identify individuals early in their palliative care careers and to support their interests, competencies, and commitment to the field by providing them with outstanding training about teaching and developing palliative care programs in an academic setting.

### Eligibility Criteria:

- Faculty member, affiliated with a medical school or teaching hospital, in the first five years of an academic appointment; or,
- Master's level nurse with an academic affiliation with a hospital or nursing home and five years experience in nursing practice; and,
- A commitment to palliative care practice and education within an academic setting.

PCEP, with the support of the Project on Death in America, is now offering a small number of partial scholarships (30-40% of course tuition) specifically for international applicants.

### THE DEVELOPMENT OF THIS PROGRAM

was supported by an educational grant from the Robert Wood Johnson Foundation. We are grateful to the Project on Death in America and Jane Weingarten and the late Dr. Charles Weingarten for support for scholarship funding. Additional scholarship support and support for our "patients-as-teachers" program is provided by the Jacqueline S. Alaimo Palliative Care Fund. The Good Samaritan, Inc. and The Kenneth B. Schwartz Center supported the development of the pediatric track.

## Registration Information

Tuition fee: \$6,600.00 (USD)

April 17-24 and November 7-13, 2012

PLEASE NOTE: The fee of \$6,600 includes April and November sessions and covers the course materials, breakfasts, lunches and opening and closing banquets. The fee is due in full by March 30, 2012. Once you have been accepted you will receive notification and payment instructions.

## Accreditation

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 88.5 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Adult Track: A maximum of 87.75 *AMA PRA Category 1 Credits*<sup>™</sup>

Pediatric Track: A maximum of 88.5 *AMA PRA Category 1 Credits*<sup>™</sup>

## ACGME COMPETENCIES

This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education competencies:

- Patient Care
- Medical Knowledge
- Practice Based-Learning and Improvement
- Interpersonal and Communication Skills
- Professionalism
- Systems-Based Practice

## Inquiries

Call (617) 582-7859 or e-mail: [pallcare@partners.org](mailto:pallcare@partners.org)

## Online Information

To view activity information online, visit: [hms.harvard.edu/pallcare](http://hms.harvard.edu/pallcare). To apply online, please go to <http://research4.dfci.harvard.edu/palliative>

## Disclosure Policy

Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

## Course Location

All sessions for this activity will be held at Royal Sonesta Hotel Boston, 40 Edwin Land Boulevard, Cambridge, MA 02142 (Telephone: 617.806.4200)

## Accommodations/Travel

A limited number of rooms have been reserved at the Royal Sonesta Hotel Boston, in Cambridge, MA (Telephone: 800-SONESTA, US and Canada; 617-806-4200) until March 26, 2012. Please specify that you are enrolled in this activity to receive a reduced room rate of \$249 single/double for April; \$279 single/double for November. Reservations should be made directly with the hotel only after acceptance to the course has been confirmed. Please do not purchase non-refundable airline ticket(s) until you have received an email from our office confirming your paid registration. For airline reservations contact the HMS Travel Desk toll free 1-877-4-HARVMD (1-877-442-7863) Monday - Friday 9 AM - 8 PM (EST). From outside the U.S., Canada and Virgin Islands, please call 617-559-3764.

Due to the intense nature of the course, we request that you keep most evenings free for program preparation and activities.

## Program in Palliative Care Education and Practice

**April 17-24, 2012 and November 7-13, 2012**

All applications are due on **February 6, 2012**.

**Incomplete or late applications will not be considered.**

- Please select the course track you are applying to:
  - Adult Track
  - Pediatric Track
- Number of dying patients you cared for in the last year \_\_\_\_\_
- Which organization do you best identify with (choose only one)
  - Center to Advance Palliative Care (CAPC)
  - American Academy of Hospice and Palliative Medicine (AAHPM)
  - The National Hospice and Palliative Care Organization (NHPCO)
  - Education on Palliative and End-of-life Care (EPEC)
  - Harvard Medical School-Department of Continuing Education
- **Scholarship Applicants** - please select all that apply:
  - MD in first 5 years of Academic Appointment
  - Master Level RN and 5 years clinical practice
  - Academic Palliative Care Commitment
  - Service to Underserved Population (please specify): \_\_\_\_\_
  - Institutional commitment and release time
- How did you hear about the course?
   
\_\_\_\_\_
   
\_\_\_\_\_
   
\_\_\_\_\_

All Fields Required. Please Print Clearly.

Full Name \_\_\_\_\_

First Middle Initial Last

Institution \_\_\_\_\_ Dept/Division \_\_\_\_\_

Mailing Address \_\_\_\_\_

Street City State Zip Code

Daytime Phone (\_\_\_\_) \_\_\_\_\_ Fax Number (\_\_\_\_) \_\_\_\_\_

Please note: Your email address is used for critical information including: registration confirmation, evaluation and certificate.  
Please be sure to include an email address you check daily or frequently.

E-Mail Address \_\_\_\_\_

Please check if you wish to be **excluded** from receiving email notices of future HMS-DCE programs

Profession \_\_\_\_\_ Degree \_\_\_\_\_

Primary Specialty (*Physician Only*) \_\_\_\_\_ Board Certified: Yes  No

Professional School Attended (*Physician Only*) \_\_\_\_\_

Harvard Medical School  U.S. Medical School  International Year of Graduation \_\_\_\_\_

**Please send completed applications to:**

Denise Simon, Program Manager

HMS Center for Palliative Care, Dana-Farber Cancer Institute

450 Brookline Avenue, SW411, Boston, MA 02115

To apply online, go to <http://research4.dfci.harvard.edu/palliative/>



Online applicants—add the first *three characters* of the source code here → Source Code: X