

# Program in Immunology

## Student Annual Update

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Student:

Advisor:

G-Year:

Briefly state your current research projects, or research interests (4-6

Please list all fellowships awarded to you since you enrolled in Immunology

List any honors or other awards received in this past year.

Have you attended or presented at any scientific meetings or conferences within the past year?

Please describe any teaching or outreach activities you have been involved with over the past year. For any courses you have served as a teaching assistant please list the course name and date.

Please list any science-based volunteer work you have done since you enrolled in IMM

Please list any dissertation defense seminars you have attended in the past year.

What courses (including quarter courses and nanocourses) have you attended in the past year? Please include all classes, whether or not you took them for credit.

When do you anticipate getting your box checked?

When do you anticipate defending your dissertation?

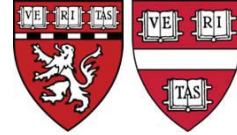
Please list any publications you have co-authored since you enrolled in IMM

Are you considering a career outside of academic research and if so, what area in particular? Do you need assistance gaining resources to focus your career?

What is your career goal?

Are there any courses you would like, or would have liked to take but were not offered?

Please provide any additional comments, suggestions or concerns.



## Division of Medical Sciences

IMMUNOLOGY Program

### *Individual Development Plan*

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Name \_\_\_\_\_

### **Skills Assessment**

*Rate your current skill level on a scale from 1 (weakest) to 5 (strongest)*

#### Research & Science

	1	2	3	4	5
Broad-based knowledge of immunology	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Quantitative/Statistical methods	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Critical reading of the literature	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to frame research questions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Experimental design	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Identifying advisors & seeking advice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Time Management	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

#### Communication

	1	2	3	4	5
Writing for proposals or publications	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Public speaking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Communicating one-on-one	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Giving constructive criticism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Accepting constructive criticism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### **Questions**

*What are the areas of strengths and weaknesses that you have noted? How will these affect your future? Are there resources or support mechanisms that could be helpful for you?*

*How do you interact with your thesis advisor? How can you best avail yourself of his/her strengths? How can you deal with his/her weaknesses?*

*Who are the people who can provide additional help or feedback for you as you plan your thesis project and your preliminary proposal (faculty, postdocs, students, others)*

**Action Plan**

*What are your goals for the coming year, and how will you achieve these goals?*

*Notes/Additional Thoughts*